

FHC Men's & Women's Crew – 2010 - Competition Schedule

****SCHEDULE SUBJECT TO REVISIONS****

Date	Day/Time	Event	Location
March 27, 2010	Saturday 8AM to 2PM	Grand Rapids Spring Sprints Hosted by Forest Hills Central Crew (indoor rowing machine regatta, 9 schools)	HOME FHC Main Gym Grand Rapids, MI
April 17, 2010	Saturday 7AM to 3PM	Forest Hills Challenge (FHC / FHN / FHE) Hosted by FHN	HOME Forest Hills Boathouse Cascade, MI
April 24, 2010	Saturday 7AM to 1PM	Grand Rapids Invitational Regatta Hosted by Forest Hills Central Crew (approximately 18 schools)	HOME Riverside Park Grand Rapids, MI
May 8, 2010	Saturday 7AM to 7PM	Midwest Championships (Heats & Semi-Finals) (50 schools)	AWAY Harsha Lake East Fork State Park, Cincinnati, OH
May 9, 2010	Sunday 7AM to 2PM	Midwest Championships (Semi-Finals & Finals) (50 schools)	
May 15, 2010	Saturday 8AM to 5PM	State Championships (SRAM's) (20) Michigan High Schools Hosted by SRAM	HOME Riverside Park Grand Rapids, MI
May 22, 2010	Saturday 6AM to 2PM	Culver Academies Regatta	AWAY Culver, IN
June 4, 2010	Friday 7AM to 7PM	Canadian Secondary Schools Regatta (Heats) (140 schools)	AWAY Martindale Pond St. Catharines, Ontario, Canada
June 5, 2010	Saturday 7AM to 7PM	Canadian Secondary Schools Regatta (Semi-Finals) (140 schools)	
June 6, 2010	Sunday 11AM to 5PM	Canadian Secondary Schools Regatta (Finals) (140 schools)	

Coach Johnson: kjohnson@fhccrew.org