

## Location of the CSSRA Championship Regatta













The CSSRA Championship Regatta is held at the Royal Canadian Henley Regatta Course, on a body of water known as Martindale Pond which surrounds Henley Island in St. Catharines, Ontario Canada.






Henley Island, the centre of operations for the CSSRA Championship Regatta, is located at the 1200-metre mark on this course. Access is via Henley Island Drive. The Henley Grandstand overlooks the Finish Line in what is known as Old Port Dalhousie, a community now part of St. Catharines. The entrance is off Main Street. The Henley course can be easily accessed from either Buffalo or Toronto airport.

### DIRECTIONS:

**Start: 5901 Hall St., Grand Rapids, MI 49546**

**End: Henley Island, Portdalhousie, ON CA**

Directions	Distance
 1: Start out going WEST on HALL ST SE toward PINE TRL NE.	0.8 miles
 2: Turn SLIGHT RIGHT onto CASCADE RD SE.	1.5 miles
 3: Merge onto I-96 E via the ramp on the LEFT toward LANSING.	48.7 miles
 4: Merge onto I-69 N via EXIT 89 toward FLINT/CLARE.	120.1 miles
 5: Take the exit on the LEFT.	0.6 miles
 6: Merge onto I-69 E/I-94 E via the exit on the LEFT toward CANADA (Portions toll).	3.8 miles
 7: I-69 E/I-94 E becomes PROVINCIAL ROUTE 402 E.	63.8 miles
 8: Take the RTE-401 E/HWY-401 E exit toward TORONTO.	0.7 miles
 9: Merge onto PROVINCIAL ROUTE 401 E.	31.0 miles
 10: Take the HWY-403 exit- EXIT 235- toward BRANTFORD/HAMILTON.	0.7 miles
 11: Merge onto PROVINCIAL ROUTE 403 E.	49.9 miles
 12: Merge onto QEW toward NIAGARA.	30.4 miles

Directions	Distance	
	<b>13:</b> Take the RR-34/SEVENTH STREET exit- EXIT 51.	0.5 miles
	<b>14:</b> Turn LEFT onto RR-34/7TH STREET LOUTH.	0.4 miles
	<b>15:</b> Turn RIGHT onto LAKESHORE RD W/RR-87. Continue to follow RR-87.	1.5 miles
	<b>16:</b> Turn RIGHT onto Henley Island Drive	
	<b>17:</b> End at <b>Henley Island</b> Portdalhousie, ON CA	

**Total Est. Time: 5 hours, 41 minutes Total Est. Distance: 355.13 miles**

